



Oak Park Our Whole Lives

5th Grade Schedule Fall 2023

The class has 1 Family Information Meeting and 8 regular sessions.

Family Information Meeting —Choose One. (Required, meets on Zoom)

Tuesday	9/26	6:30-8:00 pm
Wednesday	9/27	6:30-8:00 pm

Regular sessions (In Person):

Sunday	10/1 - 12/10 (Class Does Not Meet: 10/8, 10/15 11/26)	3-4:15 pm
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Session Topics

10/1	Session 1	Values and Sexuality
10/22	Session 2	Media and Popular Culture
10/29	Session 3	Bodies and Gender
11/5	Session 4	Changes of Puberty
11/12	Session 5	Feelings, Attractions, and Relationships
11/19	Session 6	Reproduction and Staying Healthy
12/3	Session 7	Consent and Peer Pressure
12/10	Session 8	Decisions and Affirmations

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.