



Oak Park Our Whole Lives

8 Grade Schedule Fall 2023

The class has 1 Family Information Meeting and 12 regular sessions

Family Information Meeting — Choose One. (Required, will meet on zoom):

Wednesday	9/13	6:30-8:00pm
Thursday	9/14	6:30-8:00pm

Regular sessions (In Person):

Sunday	9/17 - 12/17 (Class Does Not Meet: 10/8, 11/26)	5:30-7:30 pm
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Session Topics

9/17	Session 1	Introduction to OWL
9/24	Session 2	Anatomy
10/1	Session 3	Sexual Identity
10/15	Session 4	Body Image and Self-Respect
10/22	Session 5	Puberty
10/29	Session 6	Dating and Communication
11/5	Session 7	Healthy Relationships
11/12	Session 8	Arousal
11/19	Session 9	Consent and Accountability
12/3	Session 10	Safer Sex
12/10	Session 11	Pregnancy and Parenting
12/17	Session 12	Sexual Decision-Making

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.